

ABSTRACT OF THE DISCLOSURE

A hammock system for allowing an individual to efficiently enter and exit the hammock in a safe manner. The hammock system includes a support frame, and a cradle frame having opposing ends pivotally attached to the support frame. The cradle frame has a middle section surrounded by two opposing side sections, wherein the side sections are at an angle with respect to the middle section forming a concave structure. A mattress is preferably positioned upon the cradle frame. A catch member may be attached to the support frame and removably connected to the cradle frame to retain the cradle frame in a sofa position.